

# Learning about the power of praise from the Psalms

What the Psalms shows us to do

## Psalm 113

Praise the Lord, you his servants;

Who?  
That's you!

praise the name of the Lord!

Let the name of the Lord be praised,  
both now and forevermore.

When?  
All day long!

From the rising of the sun to the place where it sets,  
the name of the Lord is to be praised.

Some great reasons to praise the Lord.

The Lord is exalted over all the nations,  
his glory above the heavens.

Who is like the Lord our God,  
the One who sits enthroned on high,  
who stoops down to look  
on the heavens and the earth?

He raises the poor from the dust  
and lifts the needy from the ash heap;  
he seats them with princes,  
with the princes of his people.

He settles the childless woman in her home  
as a happy mother of children.

He is  
great

and he  
is good

Praise the Lord!

**Praise** means saying out loud the good things about someone.

Praising God reminds us how great he really is and that he's always there for us.



He's so loving!

He's gentle!

He's powerful!



**Think of 3 things you can praise about God.**  
(Think of who he is and also what he has done.)

**I praise God because he....**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



Even though God is high above us, he came down to serve us.  
Jesus died for us and rose again. Now we can live with God forever.

# Experience the power of praising God!

Psalm 34 (v.1-3) says:

“I will praise the LORD at all times. I will constantly speak his praises.  
I will boast only in the LORD; let all who are discouraged take heart.  
Come, let us tell of the LORD’s greatness; let us exalt his name together.”

We would encourage families to choose each day two or three reasons and praise God together. Alastair made a list of divine attributes using only words with five letters or less, however there are many more and you can add your own too! Praising God lifts him up and gives him glory. It frees us from looking at our own circumstances and focuses our attention on who we serve. You could even create a little praise journal, writing your praise for the day and coming up with some verses to confirm it. Begin your praise time with “God we praise you because....”

God is <b>who he is</b>	God is <b>true</b>
God is <b>holy, holy, holy</b>	God is <b>right</b>
God is <b>one</b>	God is <b>pure</b>
God is <b>three</b> ‘persons’	God is <b>good</b>
God is <b>great</b>	God is <b>just</b>
God <b>needs</b> nothing	God is <b>wise</b>
God <b>lacks</b> nothing	God is <b>kind</b>
God has no <b>start</b>	God <b>talks</b> (we can read his word)
God has no <b>end</b>	God is <b>angry</b> at sin
God has no <b>age</b>	God <b>came</b> down in love!
God never gets <b>old</b>	God is <b>Jesus</b>
God never gets <b>tired</b>	God <b>saves</b> his people
God never gets <b>sick</b>	God <b>gives</b> life and joy
God cannot <b>die</b>	God is <b>with</b> us
God is always the <b>same</b>	God <b>hears</b> us
God is <b>more</b> than we know	God <b>helps</b> us
God <b>plans</b> everything	God <b>works</b> through us
God <b>made</b> everything	God is <b>judge</b>
God <b>owns</b> everything	God <b>wins</b>
God <b>holds</b> everything	_____
God <b>knows</b> everything	_____
God <b>rules</b> everything	_____
God is <b>King</b> of kings	_____
God is <b>Lord</b> of lords	_____
God is <b>love</b>	_____

